OCT - DEC.'26

# The Shepherd's Digest

"...If ye continue in my word, then are ye my disciples indeed; and you shall know the truth, and the truth shall make you free" - John 8:31-32

SVCC... Church of the RESTORED

# THE THING That Makes For HONOUR



A Word for Change | Daily Meditations | Productive Living



# A Word FOR Change



Rev. Emma Ogiemudia

## The Virtue That Makes For Honour

Being honourable is the ground for favour, elevation and influence, and it is the beauty of ones life. Here is how to be.

***"Wisdom is the principal thing; therefore get wisdom: and with all your getting get understanding."*** - Prov 4:7

This is one verse of scripture many of us know about, but somehow take lightly. The Lord is saying, in other words, that wisdom is the most important thing for living. That it is the bedrock underlying every success in life; it is what makes life beautiful. It is the foundation for favour, both with God and with men. Without wisdom there can be no progress in life; no attainment of anything. It is the shine of living.

Wisdom is skillfulness, expertise, thoroughness and quickness in what one is and does. Being skillful in what you are and do is wisdom. Showing expertise in what you are and do is wisdom. Being thorough and quick in the dispensation of services is wisdom. Wisdom is doing things as they ought to be. Wisdom is shown in what you are and do. Wisdom is in all excellence and beauty. Wisdom is perfection.

Now, the scripture says ***"get wisdom..."*** Get it! Get it!! Get it!!! It is to be acquired. You will not amount to much without it. Getting wisdom is further emphasised in ***"...with all your getting get understanding"***

Understanding produces wisdom. Understanding is insight into what something is and how it works. It is deeper than awareness (knowledge) of the fact. It is knowing how something works; why what is. Understanding is seeing the meaning of something; having a revelation of the fact. It produces wisdom. Not knowing why what is, and how things work have been the challenge of many, and have been keeping them low in life. Everything has a principle of how it works. Until you know and understand it, its success might elude you. Thus, ***"in all your getting, get understanding"***. How?

Pro 9:10 ***"The fear of the LORD is the beginning of wisdom: and the knowledge of the holy is understanding."*** Hum! The fear of the Lord. How piercing the sound. To fear, in this context, means to hold in reverence or awe: a reverence arising from the recognition of the power and position of an exalted personality. It is reverential fear.

God is to be feared. He is the king of all kings, the Lord of all lords, the Judge of the living and the dead, The Almighty, the only Potentate. ***"For the Lord is a God of knowledge, and by Him actions are weighted"*** 1Sam 2:3. Also, ***"The LORD killeth, and maketh alive: He bringeth down to the grave, and bringeth up. The LORD maketh poor, and maketh rich: He bringeth low, and lifteth up. He raiseth up the poor out of the dust, and lifteth up the beggar from the dunghill, to set them***

***among princes, and to make them inherit the throne of glory: for the pillars of the earth are the LORD'S, and He hath set the world upon them."*** 1Sa 2:6-8

The fear of the Lord in a man's heart produces the discipline and accuracy called wisdom. True wisdom is a product of the fear of the Lord. It is the wisdom of not holding back what you have control over, but yielding it to God and or for the service of God upon demand. Gen 22:12 ***"...for now I know that you fear God, seeing that you have not withheld your son, your only son, from Me."***

The reason Abraham did not withhold sacrificing his son, Isaac, to the Lord was because He feared the Lord. He could have withheld him from the sacrifice, but would not because he feared the Lord. For he judged Him faithful.

Similarly, withholding your talent, your expertise, your resources when needed for service is foolishness. Not being thorough in your job deliveries is not being wise. Cutting corners shows lack of fear. Not delivering on a job is foolishness. Not letting go of what the Lord requires of you is not wise. Not giving of yourself wholly when required of God is foolishness.

The fear of God in you will be the compass, the rudder of your life. The fear of the Lord is not only in ones heart, it is also in what one does. The things you do show whether you fear God or not. Not delivering on a job shows lack of fear. Not being thorough in an endeavour shows lack of wisdom. Not progressing in an enterprise is lack of wisdom. Indeed, not succeeding in an endeavour shows lack of wisdom. They show lack of the fear of God, ultimately. Not giving a good finish to things is a display of lack of the fear of God.

Psa 25:14 ***"The secret of the Lord is with them that fear Him; and He will show them His covenant."*** This secret is the know-how of how things work. It is the direction into, from, about something. With the fear of God in your heart you will know what something is, what to do and how to do it. That fear will make you do it thoroughly because you know that God is the Judge and General Overseer of what you do.

Besides, by the fear of God, you will be protected and provided for. ***"Behold, the eye of the LORD is upon them that fear Him, upon them that hope in His mercy; to deliver their soul from death, and to keep them alive in famine."*** (Psa 33:18-19) This is part of what the fear of the Lord does. Walking and conducting your affairs in the fear of the Lord secures these for you.

The fear of the Lord is the virtue that makes for honour. It is the wisdom that secures you and yours.

Prov 19:23 ***"The fear of the LORD tends to life: and he that has it shall abide satisfied; he shall not be visited with evil."*** This is a profound divine assurance. Just examine the guarantees of the fear of the Lord. The assurance of life: a fulfilling satisfaction that what you have done and said are done and said in honour of God. That is fear. Besides, ***"he shall not be visited with evil"***. This is awesome. In a world where the crippling fear of evil has driven many to untoward behaviours and experiences, you who have and show the fear of God will not be visited with evil. This is huge! It may challenge you in rebellion, but will not abide. In showing the fear of God, you are thorough in all your activities with men. This is the wisdom the fear of God instills and guarantees in a person.

Here is a guide on how to show the fear of God. Psa 34:11-14 (1Pet 3:10)

- Keep your tongue from speaking guile or deceit.
- Depart from evil: offensive and wishy washy work, doing wrongful things.
- Do good: be excellent, beautiful, distinguished in the quality of your delivery.
- Seek peace and pursue it both with yourself and with men. Shalom!

SUNDAY 4TH OCT.

## MEDITATION FOR THE WEEK

40

They ***"searched the scriptures daily"*** - Acts 17:12

*TO MEDITATE, scripturally (Josh. 1:8) is to think over and over again orally (i.e. By speaking to yourself; rehearsing) the word of God soberly in order to understand it for right application to guarantee result. Now meditate on each day's subject as part of your morning devotion for better insight and guidance during the day.*

OCTOBER

**MON 5TH OCT.**

**Read Proverbs 4:7**

*Reflect on what wisdom is, and why it is the principal thing in a person's life.*

* Pray for spiritual understanding into what you do, and decide to apply your heart unto wisdom.

**TUES. 6TH OCT.**

**Read Proverbs 9:10**

Meditate on the fear of the Lord: what it is and how it produces wisdom.

* Make declarations on your decision to show the fear of the Lord in all you say and do.

**WED. 7TH OCT.**

**Read Proverbs 19:23**

Meditate on the fear of the Lord and the attended blessing of walking in the fear of the Lord.

* Pray the Lord for the courage to walk in His fear, and make the decision to.

**THURS. 8TH OCT.**

**Read Genesis 22:12**

Meditate on the given reason, besides many more, why God must be feared.

*Commit yourself to NOT withholding anything in your power to do in the service of God.

**FRI. 9TH OCT.**

**Read Psalm 25:14**

Meditate on the place of having the know-how (secret) of how things work in succeeding and doing well in life.

* Commit yourself to walking in the fear of the Lord for the know-how of things.

**SAT. 10TH OCT.**

**A Study through the Bible**

**Morning:** Ezekiel 13: 1-23
**Evening:** Matthew 1: 1-25

* Pray for the land where you are domicile; for the peace of the land; its tranquillity, its health, and its development.

SUNDAY 11TH OCT.

# APPLY YOUR HEART UNTO WISDOM 41

Proverbs 9:10 ***"The fear of the LORD is the beginning of wisdom: and the knowledge of the holy is understanding."***

Here reveals one of the most profound guide to know-how in life. The scripture says, "The knowledge of the holy is understanding". In other words, the knowledge of what is holy is understanding. Being able to make this difference in all your endeavours and ways is the operation of a wise heart. Many are not able to distinguish what is holy from what is common. Being able to make this distinction in your daily life is possessing understanding. This guarantees your walk in wisdom.

This understanding comes only from the fear of the Lord; a deep and reverential regard for God and His word.

OCTOBER

**MON 12TH OCT.**

**Read 1 John 5:11 - 13**

Meditate on what these verses of scripture say we have in Christ.

** Pray the Father to grant you to understand what He said you have in Him.*

**TUES. 13TH OCT.**

**Read 1 John 5:12**

Meditate on what these verses of scripture say we have in Christ.

** Determine in God to be committed to the Lord and His Church.*

**WED. 14TH OCT.**

**Read 1 John 2:25**

Meditate on what this promise is, and how it can be guaranteed.

** Be thankful for the goodness of God and for the manifestation of His goodness in your life.*

**THURS. 15TH OCT.**

**Read John 3:17 - 18**

Meditate on what the condemnation in the world is; from which the believer has been delivered.

** Pray that the Lord opens your eyes to see the things that make for your peace.*

**FRI. 16TH OCT.**

**Read John 10:10**

Meditate on how this thief comes, and how he kills, steals and destroys.

** Pray that the Lord grant to discern the thief when it comes against you.*

**SAT. 17TH OCT.**

**A Study through the Bible**

**Morning:** Ezekiel 14: 1-23
**Evening:** Matthew 2 : 1-23

** Continue praying for the land where you are domicile; for the peace of the land; its tranquillity, its health, and its development.*

## SUNDAY 18TH OCT. — THERE IS AN END — 42

Proverbs 23:17-18 ***"Let not your heart envy sinners: but be thou in the fear of the LORD all the day long. For surely there is an end; and thine expectation shall not be cut off"***

There are many sinners who are 'prospering'. They cut corners, cheat, steal, manipulate and do all manner of evil things to get money. They are the wicked. Many of them appear to be doing well; apparently enjoying the proceeds of their evil activities. Do not envy them. Misery and pain follow them, and their end is not good.

But you, *"be thou in the fear of the Lord all the day long"* Reason? *"For surely there is an end..."* Everything has an end stage. The end stage is a product of a process. The way you live today has an end. The way of sin has its end, and it is very unpleasant. There is also the way of the fear of God. It has its own end. One of its end is the assurance that "your expectation shall not be cut off". There shall be a fulfilment of those things that concern you.

OCTOBER

**MON 19TH OCT.**

**Read Psalm 1:1 - 6**

Reflect on the information that influences your decision on what you do.

** Make your stand for truth known to God.*

**TUES. 20TH OCT.**

**Read Proverbs 14:11-12**

Meditate on why the evil way, the way of death may "seems right" unto a person.

** Commit yourself to the word of God that you may know His judgment.*

**WED. 21ST OCT.**

**Read Psalm 37:27-28**

Meditate on what you can and should do to guarantee divine presence.

** Commit yourself to departing from evil, and make a decision in God to do good.*

**THURS. 22ND OCT.**

**Read 1Thessalonian 5:14-18**

Think on the kind of life you are to lead as a Christian.

** Offer a prayer of thanksgiving for who you are in Him.*

**FRI. 23RD OCT.**

**Read Hebrew 13:20-21**

Meditate on the desired result of this prayer: the expectation.

** Make this prayer repeatedly for yourself.*

**SAT. 24TH OCT.**

**A Study through the Bible**

**Morning:** Ezekiel 15: 1-8
**Evening:** Matthew 3: 1-17

** Intercede for the wellbeing of your family, that they continue strong in the Lord.*



# ON PRODUCTIVE Living

Pastor (Mrs.) Kemi Ogiemudia



## DAILY IN HIS LOVE

Each day in the life of the believer has record before the Lord and is adequately provided for by our Father.

He did not plan that we go through any day by ourselves without being involved in our plans, because He has a plan for each day. Jesus said in John 15:5 ***"…for without me ye can do nothing"*** This is because He has loved us forever, with an everlasting love that sustains through eternity; through every thick and thin, success orfailure, victory or defeat. He has made all things well. Psa 42:8 ***"Yet the LORD will command his lovingkindness in the daytime, and in the night his song shall be with me, and my prayer unto the God of my life."***

As long as we know that the Lord directs His love to us by day, surely we will sing His song by night. Each day is guaranteed to end well because He has directed His love to us. We are better off if we follow His loving hands daily from the rising of the sun to the going down thereof. So the day will go and end well, and the night will be sweet and peaceful.

***"Keep yourselves in the love of God..."*** Jude 1:21a. If we remain in His love, we should not experience what the Lord has not ordained for the day, as He intentionally directs His love to us daily Psa 68:19 ***"Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation. Selah."*** We must be aware and conscious of this and expect it.

There is a benefit for each day that God allows us to see and enjoy. I will rather look out for the daily load of benefits than for what the enemy has planned or planted. Health is one of the benefits God loads us with, being the children's bread. No true father leaves his children without daily food, and certainly God will not. Beloved, your body is healed and renewed daily. To enjoy these daily loads of benefits, we must remain in His presence. Daily at His presence, He hands us our portion of benefits to ensure the progress of the day. Job 22:21

***"Acquaint now thyself with him, and be at peace:***
***thereby good shall come unto thee."***

This acquaintance happens as we spend time in His presence, through fellowship and worship, thus hearing and knowing His voice. This is ultimately essential for every believer who is living in His love. Call upon Him, call Him by His names, He answers speedily. You cannot be far away from someone you love and who you know loves you. In good and bad times they are the ones you think about. Keep God close daily and enjoy the ultimate peace and goodness He has ordained for you. Remember that the day is a process that progresses from morning till night, so regardless of how it appears in between, it will end well.

The unpleasant things will turn for good not just for ourselves, but for the fulfillment of the purpose of God for which we were created. Rom 8:28 ***"And we know that all things work together for good to them that love God, to them who are the called according to his purpose."***

***'And we know..'*** knowing is key, as the righteous is delivered through knowledge. We must know and affirm that His love is directed towards us daily; that things can happen the other way because there are adversaries who want to prove God a liar; but that all those things will work together for good, so we are not afraid of the day. All things work together for good, not just for us but through us too. We must therefore be loving, purposeful and kingdom minded daily in His love. Because we know by faith that all things work together for the good of those who love the Lord, we win.

We must know that the end is assured and the path is secure. God's intended plan and pleasure alone shall stand as we walk daily in His love. There is a beautiful plan for you.

SUNDAY 25TH OCT.

MEDITATION FOR THE WEEK

## THERE IS AN ASSURED END

43

***"Mark the perfect man, and behold the upright: for the end of that man is peace." Psa 37:37***

Peace is the desire of any man on the planet. The end of peace is assured for the blameless. ***Hab 2:3 "The vision is for an appointed time, it will speak at the end and not lie or fail, and even if it tarries wait for it, it will come and not tarry."*** The perfect man will wait for the assured end in faith, knowing that it will come. The day ends with peace; the year ends with peace; the career walk ends with peace; that marriage and other life endeavors find fulfillment and end in peace, that sickness ends in peace and the earthly life itself ends in peace. The God of peace gives you peace by all means and secure your life for His glory and praise.

Pastor (Mrs.) Kemi Ogiemudia

OCTOBER

**MON 26TH OCT.**

**Read Luke 22:37**

Ponder deeply on the need to have a mind set on purposefulness.

**Determine to be mindful of the end like Christ was and was able to endure till the ordained end.*

**TUES. 27TH OCT.**

**Read Habakkuk 2:3**

Meditate on the assurance of hope purchased for us by the blood of the lamb.

**Become intentional in sharing this hope as a lifestyle*

**WED. 28TH OCT.**

**Read Isaiah 46:10**

The assured end is declared from the beginning. Ponder on what the Lord has said about your life.

**Pray passionately in the spirit and receive divine direction for fulfillment.*

**THURS. 29TH OCT.**

**Read Job 22:21**

Reflect deeply on the way to be at peace.

**Rejoice in the Lord for the goodness of His peace.*

**FRI. 30TH OCT.**

**Read Jeremiah 29:11**

Meditate on the assured end that God's plan has guaranteed.

**Make a decision to give God access to manifest His thoughts in your life.*

**SAT. 31TH OCT.**

**A Study through the Bible**

**Morning:** Ezekiel 16: 1-34
**Evening:** Matthew 4: 1-25

** Intercede for the wellbeing of your family, that they continue strong in the Lord.*

**SUNDAY 1ST NOV.**

MEDITATION FOR THE WEEK **44**

## LOVE DRIVEN FAITH IS KEY TO VICTORY

An end of peace and victory is already assured for the blameless man, because he is a man of faith in God. ***"…and this is the victory that overcometh the world, even our faith." 1 John 5:4*** Faith working only through love, is the victory that overcomes all the challenges of the world facing the upright man. ***"...but faith which worketh by love'` Gal 5:6.*** The enemy has no antidote to love-driven faith based on His word. The space between now and that guaranteed end of peace and victory is a lifestyle of aggressive faith towards God's plan. He cannot lie or fail. His word is sure and guarantees a safe end. ***"Mark the perfect man, and behold the upright: for the end of that man is peace." Psalm 37:37***

Pastor (Mrs.) Kemi Ogiemudia

NOVEMBER

**MON 2ND NOV.**

**Read Galatians 5:6**

Reflect on what guarantees the working of your faith in God.

**Make a decision to walk in love regardless of the circumstances.*

**TUES. 3RD NOV.**

**Read Jude 1:21**

Meditate on the power of walking in the love of God.

**Write down 5 things you will begin to do in walking in this love of God.*

**WED. 4TH NOV.**

**Read 1 Thessalonians 5:8**

Ponder on the defense mechanism produced by the force of faith and love combined.

**Pray in tongues for a while and focus on the possible outcomes of your faith and love working together.*

**THURS. 5TH NOV.**

**Read Jude 1:22**

Meditate on the importance of remaining in the love of God regardless of how people behave and things happen.

**Pray for revelation on how to, and determine to live in His love.*

**FRI. 6TH NOV.**

**Read 1 Corinthians 13:8**

Reflect on the meaning of this verse and understand the enduring strength of love.

**Choose today the love based faith life and walk in it.*

**SAT. 7TH NOV.**

**A Study through the Bible**

**Morning:** Ezekiel 16: 35-63
**Evening:** Matthew 5: 1-48

** Pray for the Church that the Lord shield His people from all evil, and compensate them for all their troubles.*

# PLEASANT WORDS

***Pleasant words are as an honeycomb, sweet to the soul, and health to the bones" (Pro 16:24).***

If pleasant words are sweet to the soul and health to the bones, then unpleasant words would be bitter to the soul and unhealthy to the bones. This shows that there are two kinds of words that control men on earth ; pleasant and unpleasant. Your life will manifest the kind of words you give yourself to. Now, pleasant words are gracious words (Eph 4:29), lively words ( Jn 6:63) and good tidings. Isa 52:7 says, ***" how beautiful upon the mountains are the feet of him that bringeth good tidings, that published peace, that bringeth good tidings of good, that published salvation, that saith unto Zion, thy God reigneth".*** Choose to speak and hear pleasant words always because your life manifests the words that are controlling you.

NOVEMBER

**MON. 9TH NOV.**

**Read Proverbs 16:24.**

Meditate on the power of pleasant words to your health.

*Now, take time and speak pleasant words to your life and concerns.

**TUES. 10TH NOV.**

**Read Ephesians 4:29 , Proverbs 18;20-21**

Carefully examine the power of your tongue in your daily conversations.

*Prayerfully resolve not to speak corrupt words out of your mouth.

**WED. 11TH NOV.**

**Read John 6:63**

Ponder on what the word of God carries.

*Pray for a renewed hunger for the word of God and choose to take in the word everyday.

**THURS. 12TH NOV.**

**Read John 15:3**

Meditate on the cleansing power of the word of God.

*Decide to obey every word of instruction from God for a healthy living.

**FRI. 13TH NOV.**

**Read Isaiah 52:7**

See the importance of preaching the gospel.

*Reach out to a soul today and also pray for the salvation of souls in the land.

**SAT. 14TH NOV.**

**A Study through the Bible**

**Morning:** Ezekiel 17: 1-24
**Evening:** Matthew 6: 1-34

* Continue to pray for the Church that the Lord shield His people from all evil, and compensate them for all their troubles.

**SUNDAY 15TH NOV.**

MEDITATION FOR THE WEEK

## THE CLAY AND THE POTTER

46

***Jer 18:1-6 "... And I went down to the Potter's house and, behold, he wrought a work on the wheels. And the vessel that he made of clay was marred in the hand of the potter: so he made it again another vessel, as seemed good to the potter to make it...".***

Now, the Potter is God, our Maker, and the clay is man ( Gen 2:7). The Potter shapes the clay to any shape of his desire. The clay, on the other hand, is malleable ( flexible) in the hands of the Potter, and does not resist the Potter. Rom 9:19-21 shows that the Potter has power over the clay ( Jer 18:4). Therefore, we should be clay, indeed in God's hands.

Pastor Ezekiel Wetlang

NOVEMBER

**MON. 16TH NOV.**

**Read Jeremiah 18:1-6**

Meditate on the privilege of being a clay in God's hands.

**Thank God for moulding you daily into His desired shape.*

**TUES. 17TH NOV.**

**Read Jeremiah 18:4**

Reflect on how He re-shapes us even though we miss it sometimes.

**Now, prayerfully yield yourself totally to Him to re-shape you into His desired vessel.*

**WED. 18TH NOV.**

**Read Jeremiah 18:1-6**

Meditate on the flexibility of the clay in the hands of the Potter.

**Choose not to resist God in any way as He guides daily.*

**THURS. 19TH NOV.**

**Read Joshua 6:17-19.**

Ponder on how men resist God in touching the accursed things.

**Prayerfully, thank God for helping you to recognise and not to touch the accursed things.*

**FRI. 20TH NOV.**

**Read Romans 9:19-21**

Examine carefully how God is the Potter over people.

**Pray for the people of the land to open their hearts to the gospel.*

**SAT. 21TS NOV.**

**A Study through the Bible**

**Morning:** Ezekiel 18: 1-32
**Evening:** Matthew 7: 1-29

** Pray for the community where you dwell; that the Lord make the Word to prevail in the city/town, and stabilise the town.*

SUNDAY 22ND NOV.

MEDITATION FOR THE WEEK

## WIN A SOUL

47

***"Then Agrippa said unto Paul, Almost thou persuadest me to be a Christian".Acts 26:28 (KJV)*** To win a soul, is to make deliberate effort or take an intentional action to preach or share the gospel of Jesus Christ with a person or a group of people, with the intention of persuading them to accept Jesus Christ as their Lord and personal Saviour. In our text, Apostle Paul is attempting to persuade Agrippa by sharing the good news of salvation with him. In Mark 16:15, each one of us is expected to do like-wise, so that men will be given the opportunity to escape eternal damnation. Arise, therefore, and go win a soul!

Pastor Erebi Otuogha

NOVEMBER

**MON. 23RD NOV.**

**Read Romans 1:16, Romans 10:13**

As you meditate on these scriptures, decide to be intentional about soul winning this week.

**Pray for people to be persuaded to receive salvation every where the gospel of Christ is shared.*

**TUES. 24TH NOV.**

**Read Acts 19:20**

Reflect on the effect of sharing the word of God in Ephesus.

**Declare in prayer that the gospel will have free flow in the land wherein you dwell.*

**WED. 25TH NOV.**

**Read Daniel 12:3**

Reflect on the description of the soul winner.

**Pray for brethren to be consumed with the passion for lost souls.*

**THURS. 26TH NOV.**

**Read Acts 3:19**

Meditate on this verse and write down the insight received.

**Pray that in all our services and programmes, people will repent with conviction of heart.*

**FRI. 27TH NOV.**

**Read 2 Corinthians 5:19**

Thank God for committing the word of reconciliation to you.

**Pray for all the won souls to abide in Him and in the house.*

**SAT. 28TH NOV.**

**A Study through the Bible**

**Morning:** Ezekiel 19: 1-14
**Evening:** Matthew 8: 1-34

** Pray for the community where you dwell; that the Lord make the Word to prevail in the city/town, and stabilise the town.*

SUNDAY 29TH NOV.

MEDITATION FOR THE WEEK

## GOD, THE HELP!

48

***" God is our refuge and strength, a very present help in trouble. Therefore will not we fear, though the earth be moved..... There is a river, the streams whereof shall make glad the city of God, ……. God is in the midst of her, she shall not be moved: God shall help her, and that right early" (Psalm 46:1-5)***. This is so comforting and encouraging. It is good for us to always be mindful of this assurance so that whenever we are facing any problems or issues that are pressing, and it looks like we are drowning in them, we will not be perplexed and or, dismayed, but know that God will come through for us. Our heavenly Father knows that we will need help at different times and stages of life and has already made the provision. Ours is to lay hold on what He has provided and enjoy life. Our God Himself is a very present Help; All Sufficient for whatever the need may be; spiritual, physical, emotional, financial or otherwise. He is the constant that is required. There is no help without Him. And because you are in Him, you shall not lack help. HE IS THE VERY PRESENT HELP AT ALL TIMES. Shalom!

Pastor Julia Yerikima

DECEMBER

**MON 30TH NOV.**

**Read Hebrews 4:15-16**

Ponder on this text and appreciate our Lord Jesus who knows what it is like to be human.

** Thank Him for being your High Priest.*

**TUES. 1ST DEC.**

**Read Hebrews 1:14 , Psalm 91:11**

Reflect on God's goodwill towards us; giving us angels to help us.

**Thank Him for making you an heir of salvation.*

**WED. 2ND DEC.**

**Read Psalm 46:1-5**

Meditate on this passage of scripture, rest assured that the Lord is with you no matter what happens.

**Boldly declare to yourself that you are marvellously helped by God.*

**THURS. 3RD DEC.**

**Read Psalm 42:5, Psalm 27:13-14**

Consider the place of trusting in the Lord to enjoy his help.

**Begin to affirm your trust in the Lord, declare before Him that your hope is in Him alone.*

**FRI. 4TH DEC.**

**Read Isaiah 41:10-14**

Acknowledge God's love and mercy toward you. See how far he can go just to help you.

**Bow in worship before God this morning. Acknowledge Him as your Helper.*

**SAT. 5TH DEC.**

**A Study through the Bible**

**Morning:** Ezekiel 20: 1-44
**Evening:** Matthew 9: 1-38

** Pray that the Lord keep you from being offended; that He grant you the wisdom to manage hurts and misunderstandings.*

## KEEPING THE WORD

***But He said, "More than that, blessed are those who hear the word of God and keep it!" Luke 11: 28 NKJV***

A mere knowledge of the instructions of the word does not unveil God's grace. The blessing of hearing the word is in keeping it. Keeping the word involves receiving the word by faith , allowing it to shape your heart and obeying it. Barely hearing the word, and even give an assent to it, will be of little benefit, unless what is heard and believed is put in practice. His grace and favour become evident in our lives as we continually keep the word.

Pastor Crystal Amangele

DECEMBER

**MON 7TH DEC.**

**Read James 1:21-25**

Meditate on how the blessing of hearing the word is in doing the work.

** Make a commitment to not be a hearer only, but a doer of the work.*

**TUES. 8TH DEC.**

**Read Psalm 1:1-3**

Meditate on how bearing fruit in every season of life is in keeping the word.

**Reflect on areas of your life that need alignment to the word, and prayerfully adjust.*

**WED. 9TH DEC.**

**Read Isaiah 48:17-18, Matthew 7:21**

Ponder on the outcome of not giving heed to the word in our everyday living.

**Affirm His Lordship over your life.*

**THURS. 10TH DEC.**

**Read Matthew 7:24-27.TPT**

Reflect on how applying the word in one's life is being wise, and not applying it is foolishness.

**Make a resolve to walk and behave wisely.*

**FRI. 11TH DEC.**

**Read Proverbs 3:1-2, Proverbs 4:20-22**

Meditate on the benefits highlighted in these scriptures for one that keeps the word of the Lord.

** Pray for spiritual understanding of the Word that you may be able to do as instructed.*

**SAT. 12TH DEC.**

**A Study through the Bible**

**Morning:** Ezekiel 21: 1-32
**Evening:** Matthew 10: 1-42

** Pray that the Lord keep you from being offended; that He grant you the wisdom to manage hurts and misunderstandings.*

SUNDAY 13TH DEC.

MEDITATION FOR THE WEEK

## FELLOWSHIP WITH HIM

50

***"If we say we have fellowship with Him, yet walk in the darkness, we lie and do not practice the truth. 1John1:6***

We share in fellowship with Him, which means having things in common, sharing in who He is and what he has. Hence, fellowship implies a deep, intimate connection with God, akin to the relationship between the Father and the Son. The concept of fellowship is rooted in the Greek word "koinonia," which signifies partnership and shared life. God is light, and fellowship with Him is to walk in the light (1Jh1:5) and in Him is no darkness. Darkness describes a settled pattern of unbelief and disregard of the word in living; a life persistently directed by darkness cannot reflect communion with Him. True fellowship with God is characterized by walking in His light and truth.

Pastor Crystal Amangele

DECEMBER

**MON 14TH DEC.**

**Read John 15: 4-7, 1John 1;5-6**

Meditate on how the word abiding in us, and the practice of the truth show our fellowship with him.

** Affirm in prayers your fellowship with Him and not with darkness.*

**TUES. 15TH DEC.**

**Read Titus 1:16, 2Timothy 3:5,7**

Reflect on how our conducts align with or nullify our profession of fellowship with Him.

**Make a resolve to showcase your fellowship with Him in daily living.*

**WED. 16TH DEC.**

**Read 2 Corinthians 6:14**

Ponder on what partnership with light and darkness entails and how as lights we should not have fellowship with darkness.

*Request in prayers for discernment and wisdom in interaction with the world.*

**THURS. 17TH DEC.**

**Read 1John1:7,Ephesians 5:8-10**

Meditate on how we walk in the light daily.

**Make a commitment to live each and every day in conformity with His precepts.*

**FRI. 18TH DEC.**

**Read Hebrews 10:24 -25 (1John 1:7)**

Meditate on how fellowship with one another is fellowship with Him .

**Affirm in prayers your continued fellowship with Him and the brethren.*

**SAT. 19TH DEC.**

**A Study through the Bible**

**Morning:** Ezekiel 22: 1-31
**Evening:** Matthew 11: 1-30

** Pray against distractions in your life; that the Lord guide you in the path of truth and grace.*

**SUNDAY 20TH DEC.**

**MEDITATION FOR THE WEEK**

## PRAYING IN TONGUES, PRAYING RIGHT

**51**

***Rom 8:26 -27.*** Praying in tongues is our plug for building up ourselves (Jude 1:20). Access to divine power and supernatural living are part of the benefits. When we pray with the spirit we pray according to the will of God and answers are always guaranteed. The love of God for us is unfathomable. Jesus told His disciples to wait in Jerusalem until they be endued with power- Acts2:1-4. He knew they could not live godly and righteous lives without daily empowerment from the Holy Spirit. Generate this power by praying more in TONGUES- 1 Corith14:18. Like Apostle Paul, pray more in tongues.

Minister Grace Woye

DECEMBER

**MON 21ST DEC.**

**Read 1Corinthians 14:4**

Meditate on the benefits of edifying yourself ( your spirit-man) daily

** Pray in tongues and enjoy the presence of your Father.*

**TUES. 22ND DEC.**

**Read Ephesians 6:18**

Reflect on the scriptural phrase 'Supplication in the spirit ' Write down your supplications.

**Give thanks to God for this gift that enables us to pray aright always .Supplicate in the spirit.*

**WED. 23RD DEC.**

**Read 1Corinthians 14:39 , Romans 8: 26-27**

Ponder on the reasons Apostle Paul admonished us not to forbid speaking in tongues.

**Pray in tongues, have your heart focused on the manifestations of the power of God in your life.*

**THURS. 24TH DEC.**

**Read 1Corinthian 14:14-15**

Think about the love of God toward His children; Him giving us this uncommon privilege to worship, praise and pray with tongues to Him.

**Take out time to worship and adore God. Make sweet melody in your heart to God. As you go about your daily duties, be in worship.*

**FRI. 25TH DEC.**

**Read 1Corinthians 2 :6-12**

Think about the great deposits of spiritual capacities awaiting activation when we are constantly in the spirit .

** Pray in tongues with your focus on verse 10*

**SAT. 26TH DEC.**

**A Study through the Bible**

**Morning:** Ezekiel 23: 1-49
**Evening:** Matthew 12: 1-50

** Pray against distractions in your life; that the Lord guide you in the path of truth and grace.*

SUNDAY 27TH DEC.

MEDITATION FOR THE WEEK

## CONFORM TO THE IMAGE OF CHRIST

52

Romans 8:29 ***"For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren"*** Rf. Rom 12:2

Everything about the old testament temple, from the wares to the clothings, and even the services rendered, were after the pattern prescribed by God for holy use.

In the New Testament we are the temple of God; He indwells us. 1 Cor 3:16 , 2 Cor 6:16. God has given us a pattern; a big picture to follow and conform to the image of Christ. We are to align with the image of Christ: in our thinking -1Corith 2:16, in our conversations - Eph 5:1, and general lifestyle 1John 4:17b. Let's look to Jesus ,the Author and Finisher of our faith, and become more like Him.

- Minister Grace Woye

DECEMBER

**MON 28TH DEC.**

**Read Romans 8:29**

Consider your ways to make adjustments, if need be, in line with the scripture.

** Pray for yourself and the brethren, recommit yourself to God's purpose for your life.*

**TUES. 29TH DEC.**

**Read 2Corinthians 3:18AMP**

Reflect on how the word of God helps us to conform to the image of Christ.

**Pray that the eyes of your understanding be enlightened always in the place of your study of God's word.*

**WED. 30TH DEC.**

**Read Galatians 3 :26 -27**

Meditate on how you ought to "put on Christ" in your daily activities as a child of God

**Pray earnestly against anything in your life that may want to make you a mis-fit.*

**THURS. 31ST DEC.**

**Read Ephesians 5:1**

Think about the honour you stand to enjoy living Christ-like daily. Note God honours those who follow Him.

**Make a decision to imitate Christ. Pray in same light in the spirit.*

**FRI. 1ST JAN.**

**Read 1John 4:17b**

Spend time to meditate on this scripture.

**Pray affirming Christlikeness in all you do and say. Give thanks to God for His grace upon you to become more like Him.*

**SAT. 2ND JAN.**

**A Study through the Bible**

**Morning:** Ezekiel 24: 1-27
**Evening:** Matthew 13: 1-58

** Pray for those in authority, that the Lord grant them the wisdom to govern well and the dcourage to serve.*







## NON ALCOHOLIC FATTY LIVER DISEASE

The Liver is the largest internal organ in the body. It is located at the right upper part of the abdomen. It is a very essential organ and serves several functions such as fighting infections and illness; removing toxins (poisons), such as alcohol, from the body; controlling cholesterol levels; helping blood to clot (thicken); releasing bile, a liquid that breaks down fats and aids digestion. Non-Alcoholic Fatty liver disease is a condition that arises when fat builds up in the liver. It is often discovered incidentally when blood tests or scans are done for other reasons. If the doctor suspects you have NAFLD, you may be asked to do more tests to know If there are other medical conditions that put you at risk for NAFLD and to check how much the NAFLD has affected your liver. The doctor will also ask about symptoms and do measurements of your weight, waist circumference and height.

### DOES NON-ALCOHOLIC FATTY LIVER DISEASE HAVE SYMPTOMS?

Most people do not have any symptoms. However, in a few there may be symptoms such as feeling very tired (fatigue); feeling generally unwell (malaise); pain or discomfort at the upper right part of the abdomen.

### WHO IS AT RISK OF GETTING NON-ALCOHOLIC FATTY LIVER DISEASE?

- People who are overweight & people who are obese
- People over 50 years
- People with Diabetes
- People with High levels of cholesterol (Hyperlipidemia)
- People with high blood pressure (Hypertension)
- People who do not have a healthy diet and are not physically active

### HOW IS NON-ALCOHOLIC FATTY LIVER DISEASE TREATED

- The major treatment in most cases of NAFLD is making healthy lifestyle adjustments. Your doctor in conjunction with Nutritionists, Dieticians and Physical trainers will recommend appropriate dietary adjustments and exercise regimen to help maintain a healthy weight.
- People who are on treatment for medical conditions such as diabetes and hypertension should be complaint with their treatment and clinic appointments
- In cases where NAFLD has caused significant damage to the liver, apart from lifestyle adjustments there will be need to refer to a liver specialist for further treatment.

*Beautiful Memories of* **WOMEN MINI CONVENTION 2026**









*Expressions of Heartfelt Worship at the* **2026 WORSHIP RISE**






*Impacts made as we take the Gospel of Jesus to the*
**Land of Nedugo at the WIND OF RESTORATION**







## SEED FOR CHANGE
TV & Radio Broadcast

**Royal Fm Yenagoa**
Tue. - Sun. 8:10am

**POWER FOR CHANGE**
Daily on Youtube
8pm



## FAMILY LIFE
TV & Radio Broadcast

**Royal Fm Yenagoa**
Mon. 8:00am

**Youtube**
Tuesday & Fridays
9pm



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Refreshing Word Service
5:00pm

**Fridays**
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5:00pm

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## SVCC BRANCHES

- **SVCC Port Harcourt, Rivers State**
  1 Minimama by Cornerstone Rd, Off NTA Rd. Ozuoba
- **SVCC Warri, Delta State**
  4 Asheshe Str. Off Jakpa Rd. By White House, Warri.
- **SVCC Nedugo/Agbia**
  By Chief of Nedugo's Compound, Nedugo
- **SVCC Okaka**
  Beside Okaka Housing Estate
- **SVCC Azikoro**
  Azikoro-Agbura Rd. Azikoro
- **SVCC Igbogene**
  By the Secondary Sch. Field, Igbogene.
- **SVCC Otuoke**
  Opposite The Community Sec Sch, Otuoke.
- **SVCC Obunagha**
  After 2nd Bridge, Obunagha
- **SVCC Sagbama**
  Near the Marine Police Station, Sagbama
- **SVCC Tombia**
  Shepherd's Vine Drive, Opp King's Lodge, Tombia
- **SVCC Akenfa 3**
  Ken Kayama Street Akenfa 3
- **SVCC Akaba**
  Along Apapa, Akaba-Ogu.
- **SVCC Amasoma**
  Ebitimikondei/Ending-Pele, Amassoma
  Behind Amassoma Motor Park.
- **SVCC Imiringi**
  By Hannah's Resort
- **SVCC Kaiama**
  By The Sand Field
- **SVCC Ogbia**
  Behind Ogbia Local Government Secretariat, by Kuro Water side.


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